



Welcome to Kids Camp 2019! We're so excited that you'll be coming on camp. Get ready for an amazing week full of fun, games, activities, friends, and GOD – all centred on this year's theme 'Big Stories'.

During camp we'll be exploring some of the parables that Jesus told, and get to know some of the BIG STORIES in the Bible about people who followed Jesus and what lessons we can learn from them. You'll get the chance to ask lots of questions and learn new things about how amazing God is!

Camp will begin on Monday the 7<sup>th</sup> January arriving at 10:30am, and will end on Friday the 11<sup>th</sup> at 1:30pm.

***Here is a list of the things you will need to bring:***

- Bible, pens, notepads
- Bedding (sheets/doona/sleeping bags/blankets, pillow)
- Towels (one beach towel, one showering towel)
- Toiletries (toothpaste, toothbrush, soap, deodorant, shampoo, conditioner, hair brush)
- Closed in shoes (along with thongs, a pair of comfortable walking shoes and a pair of shoes that can get wet)
- Enough clothes and underwear for five days (don't forget a jumper!)
- Swimmers and a swim shirt (these must be worn while swimming)
- Hat and sunscreen
- Beach bag (to carry your beach gear)
- A light raincoat or umbrella (in the possible case of a rainy day)
- Theme night costume (keep reading to find out more!)
- White shirt and/or pants for a night time activity

***Other items:***

- Clearly labelled water bottle
- Insect repellent
- Torch
- A book to read (if you wake up early or for free time)

Kids Camp is a jam packed week of fun! With all the exciting things we'll be doing, there won't be any time to use some of the electronics you might use at home.

***What not to bring:***

- Handheld gaming devices
- Music players
- Mobile phones
- Drugs, alcohol and cigarettes
- Food
- Money

Don't worry though, if you need to talk to your parents during the week, we will make this happen.

Wednesday night of camp is a particularly special night, where we get to dress up in costumes. The theme for this year is 'Book Week'. Think about your favourite book character and if you have a favourite character you want to dress up as! You can dress up as anything that relates to your favourite book - you can get creative with your costume!

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That's all from us! If you or your parents have any questions related to camp, then feel free to contact us. We are so excited for camp this coming year, and we are looking forward to seeing you there.

Have a great Christmas and New Years!



Stuart (m: 0400 062 293) and Danica (m: 0488 686 002), your trusty Kids Camp 2019 Directors!

# Important Information

## Mobile Phones

One of the great features of camp is the opportunity for campers to disconnect from the distractions and pressures of life and to fully immerse themselves in an experience of growth and fun. That's why we have a "no mobile phone use" rule on camp. Parents are most welcome to contact their child at any time during camp using the camp director's phone (details outlined on the front page). We also understand that parents may like their children to have a mobile phone for travelling to and from camp for safety reasons. Please note that mobile phones brought to camp will need to be handed in on arrival. Mobile phones will be kept in a secure location and handed back to the owner on the last morning of camp to allow the phone to charge. To help make this smoother, if your child is bringing a phone for transport purposes, please put the phone and charger in a named bag.

## Medication brought to camp

If your child needs to bring medication, please have them hand it to the first aid officer on arrival to camp. Please read over the information below to help ensure that we can adequately look after your child while they are on camp.

**Prescription medication:** We suggest that any prescribed medication is brought to camp in a chemist-issued 'blister pack' (which will include information on how this medication is to be administered). If you cannot supply your child's medication in a blister pack, please send the prescription medication(s) in its original packaging and with information on how this medication is to be administered, and have it all contained within a clearly named zip lock bag.

**Non-prescription medication:** If your child requires non-prescription medication (ie. paracetamol, cold and flu tablets, etc.) please ensure that this medication features a pharmacy issued label detailing child's name and dosage requirements.

**Asthma Inhalers:** If your child has asthma, please supply two (2) asthma reliever inhalers for them on camp. One inhaler is to be given to the first-aid officer and the other is to be retained by your child. Please ensure that these inhalers have your child's name clearly visible.

## Sickness on camp

If during the camp your child becomes ill, the directors and first aid officers will assess and take the appropriate action to ensure your child is well looked after on camp. If your child develops symptoms that indicate a flu or contagious disease such as Chicken pox or measles, the directors will ring you and ask for your child to be collected from camp.

## Photography and Videos on camp

LYQ will have an official photographer recording all the great memories on camp. A collection of photos from camp will be available for campers to view and download from our on-line photo gallery after camp. Details will be emailed to campers and parents once photos have been posted.

**We ask that young people refrain from bringing cameras and other media recording devices on camp**, as we cannot guarantee their safety or monitor their use while on camp. Any images from camp must not to be displayed on public websites like Facebook and Instagram by campers. Some parents indicate to us that they do not wish for their child to be included in promotional photos, and this includes photos used in the public domain.

## Travelling Off-site/On-site activities

During camp, some campers may be leaving the campsite via bus transport or leaders cars to be part of an activity. If you wish to know more about any of the activities on camp, feel free to contact the directors to find out more (contact details on the front page of this letter.)

## Appropriate clothing

Campers are required to wear appropriate clothing whilst on camp. Clothing must be sun smart and not too revealing or offensive to others. Please take the time to discuss this with your child if necessary.

## LYQ communication during camp

LYQ will use email and/or text messages to keep parents/guardians informed of changes to situations and important information about the camp during the week while your child is away. We will also have regular updates and a snapshot of photos from the camp on Facebook during the week. To 'like' our page, search for 'Lutheran Youth of Queensland'.